

Member Grievance Form

You may use this form to submit a grievance. Please attach any information you have to support the request. Send the form and any supporting information to: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310. Or, you may call the toll-free phone number on your member ID card to ask customer service to fill out the form for you. We will send a response to your grievance within 30 calendar days from the date we receive it.

Member Name:	ID Number (see member ID card):
Group Number (see ID card):	Phone Number(s):
Address:	

If you are not the member, please provide the following information:

Your Name:	Relationship to Member (if applicable):
Your Phone Number(s):	
Your Address:	

Are you the member's authorized representative or legal guardian? Yes ☐ No ☐

Note: We must have written authorization to allow you to act on the member's behalf if you aren't their authorized representative or legal guardian.

Please explain your grievance. Include, if available, the following information:

- The name of the provider who will or has provided care;
- The date(s) of service;
- The claim or reference number for the specific decision that you don't agree with; and
- The specific reason(s) why you don't agree with the decision.

If your plan is regulated by the Department of Managed Health Care, please read the following information. If you don't know if your plan is regulated by the Department of Managed Health Care, please look at your benefits booklet. Customer service can also help you. To reach customer service, call the phone number on your member ID card.

The California Department of Managed Health Care is responsible for regulating health care service plans. If you have a grievance against your health plan, you should first telephone your health plan at **1-800-365-0609** or **1-866-333-4823** for the hearing and speech impaired and use your health plan's grievance process before contacting the department. Utilizing this grievance procedure does not prohibit any potential legal rights or remedies that may be available to you. If you need help with a grievance involving an emergency, a grievance that has not been satisfactorily resolved by your health plan, or a grievance that has remained unresolved for more than 30 days, you may call the department for assistance. You may also be eligible for an Independent Medical Review (IMR). If you are eligible for IMR, the IMR process will provide an impartial review of medical decisions made by a health plan related to the medical necessity of a proposed service or treatment, coverage decisions for treatments that are experimental or investigational in nature and payment disputes for emergency or urgent medical services. The department also has a toll-free telephone number (**1-888-HMO-2219**) and a TDD line (**1-877-688-9891**) for the hearing and speech impaired. The department's Internet Web site <http://www.hmohelp.ca.gov> has complaint forms, IMR application forms and instructions online.

If your plan is regulated by the California Department of Insurance, please read the following information. If you don't know if your plan is regulated by the California Department of Insurance, please look at your benefits booklet. Customer service can also help you. To reach customer service, call the phone number on your member ID card.

The California Department of Insurance is responsible for regulating health care service plans. If you have a grievance against your health plan, you should first telephone your health plan at **1-800-365-0609** or **1-866-333-4823** for the hearing and speech impaired and use your health plan's grievance process before contacting the department. Utilizing this grievance procedure does not prohibit any potential legal rights or remedies that may be available to you. If you need help with a grievance involving an emergency, a grievance that has not been satisfactorily resolved by your health plan, or a grievance that has remained unresolved for more than 30 days, you may call the department for assistance. If you and your plan don't come to a solution that you are happy with, or you haven't been able to solve the problem through arbitration with your plan, you can contact the CDI:

California Department of Insurance
Consumer Communications Bureau
300 Spring Street, South Tower
Los Angeles, CA 90013
Phone: 1-800-927-HELP (4357) or 1-213-897-8921
TDD number: 1-800-482-4TDD (4833)
<http://www.insurance.ca.gov/>

If you have a terminal illness (an incurable or irreversible condition that has a high probability of causing death within one year or less) and the proposed treatment is denied because it is considered experimental or investigational, you may have the right to meet with us to discuss your case as part of the grievance process. Should you feel this applies to you and you would like to request a meeting, you may call customer service toll free at **1-800-365-0609** or 1-866-333-4823 for the hearing and speech and impaired. This right is in addition to any other dispute resolution options available to you as explained in this notice.

Signature: _____ Date: _____

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Representative Name:	Unit/Location:	Date:
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